

10 Harrison Ave., Williamsburg, VA 23185

## Emergency Food Pantry

### Pantry Staples

- |                          |  |
|--------------------------|--|
| <input type="checkbox"/> | Hot Cereal   |
| <input type="checkbox"/> | Cold Cereal  |
| <input type="checkbox"/> | Rice   |
| <input type="checkbox"/> | Mashed Potatoes                                    |
| <input type="checkbox"/> | Protein Drinks (Boost, Ensure, etc.)               |
| <input type="checkbox"/> | Canned Vegetables                                  |
| <input type="checkbox"/> | Canned Beans (Black, Kidney, etc.)                 |
| <input type="checkbox"/> | Canned Tomatoes                                    |
| <input type="checkbox"/> | Canned Baked Beans                                 |
| <input type="checkbox"/> | Canned Pork and Beans                              |
| <input type="checkbox"/> | Spaghetti Sauce                                    |
| <input type="checkbox"/> | Granola Bars                                       |
| <input type="checkbox"/> | Ramen Noodle Meals                                 |
| <input type="checkbox"/> | Microwave Soups/Meals                              |
| <input type="checkbox"/> | Pasta/Spaghetti                                    |
| <input type="checkbox"/> | Macaroni & Cheese                                  |
| <input type="checkbox"/> | Canned Tuna  |
| <input type="checkbox"/> | Canned Chicken                                     |
| <input type="checkbox"/> | Other Canned Proteins (beef stew, spam, ham, etc.) |
| <input type="checkbox"/> | Soups - Chicken, Tomato, Other                     |
| <input type="checkbox"/> | Peanut Butter                                      |
| <input type="checkbox"/> | Jelly  |
| <input type="checkbox"/> | Canned Fruits                                      |
| <input type="checkbox"/> | Crackers   |
| <input type="checkbox"/> | Cookies/Snacks                                     |

### Toiletry Staples

- |                          |   |
|--------------------------|---|
| <input type="checkbox"/> | Toothbrushes - Adult, Child                   |
| <input type="checkbox"/> | Toothpaste                                    |
| <input type="checkbox"/> | Miscellaneous Dental (Floss, Mouthwash, etc.) |
| <input type="checkbox"/> | Disposable Razors - M F                       |
| <input type="checkbox"/> | Shaving Cream                                 |
| <input type="checkbox"/> | Deodorant                                     |
| <input type="checkbox"/> | Hand Sanitizer                                |
| <input type="checkbox"/> | Soap  |
| <input type="checkbox"/> | Lotion  |
| <input type="checkbox"/> | Shampoo & Conditioner                         |